

Offering help, hope, and a voice for people with brain injuries and their families

Sandra Farmer



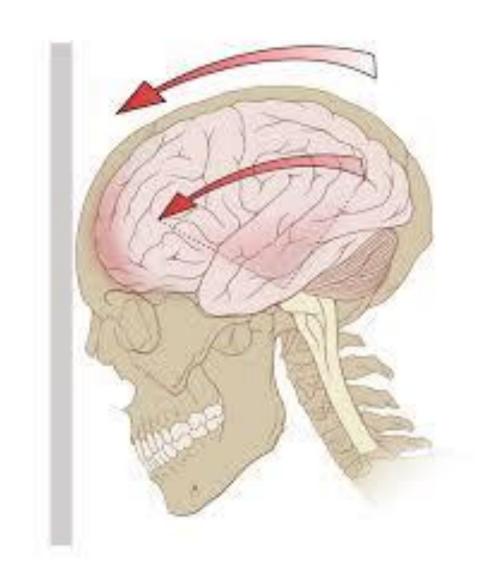
A brain injury is never expected, never wanted, and always a life changing experience.



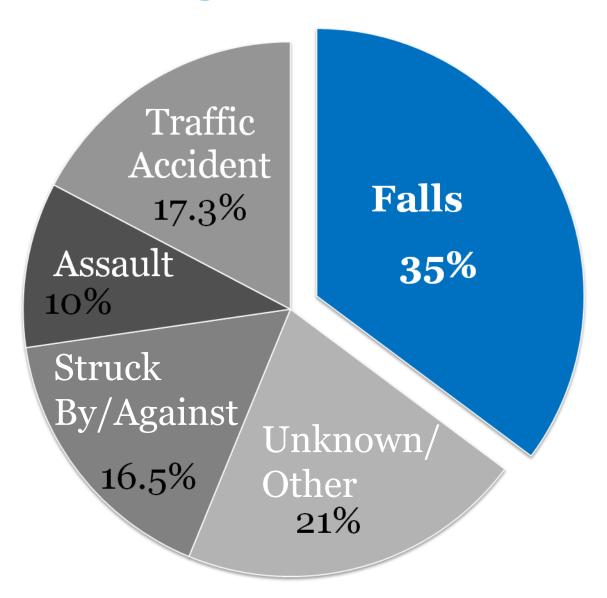
Types of Brain Injury

Acquired Brain Injury (ABI)

Traumatic
Brain Injury
(TBI)



Leading Causes of TBI



Annual Incidence of TBI

Traumatic Brain Injuries

1,500,000

Breast Cancer 176,300

HIV/AIDS 51,334

Spinal Cord Injuries 11,000

Multiple Sclerosis

Traumatic Brain Injury is one of the signature combat wounds of the Iraq and Afghanistan wars



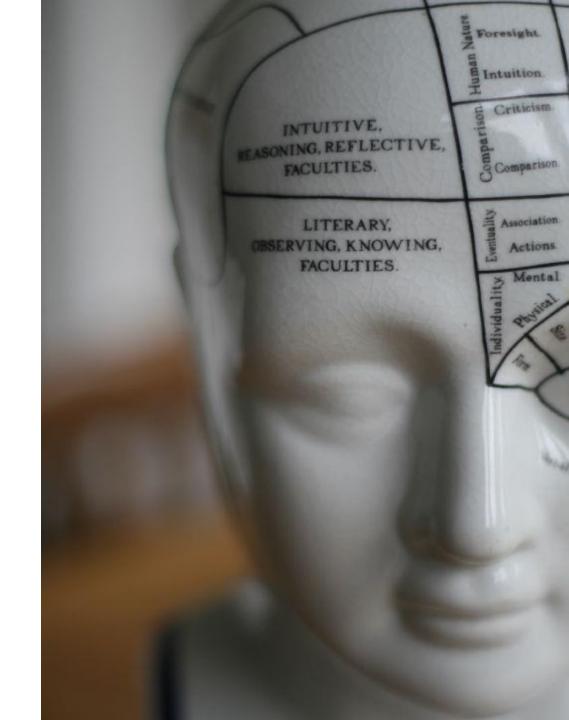




"Brain injury is the leading cause of disability and death in children and young people."

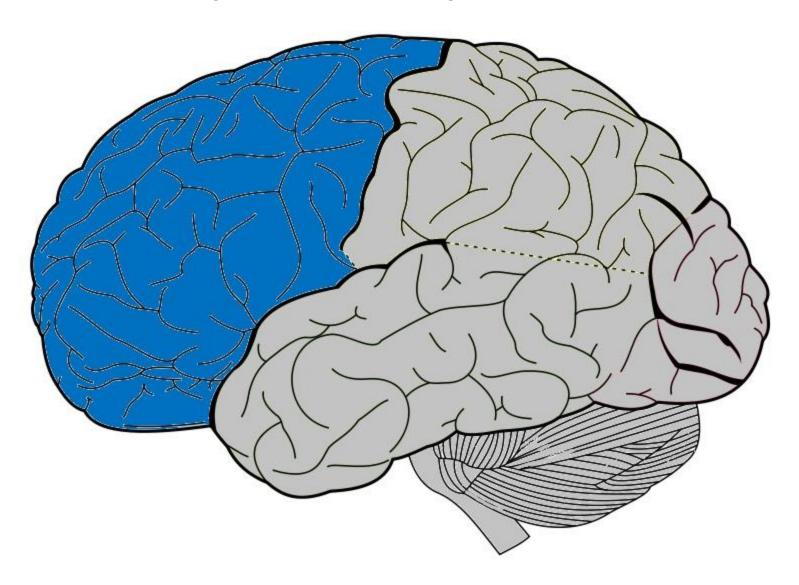


The Brain

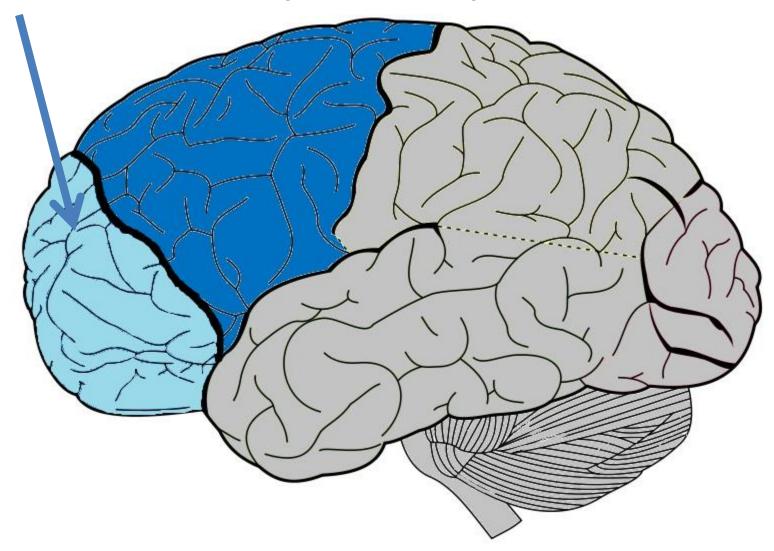




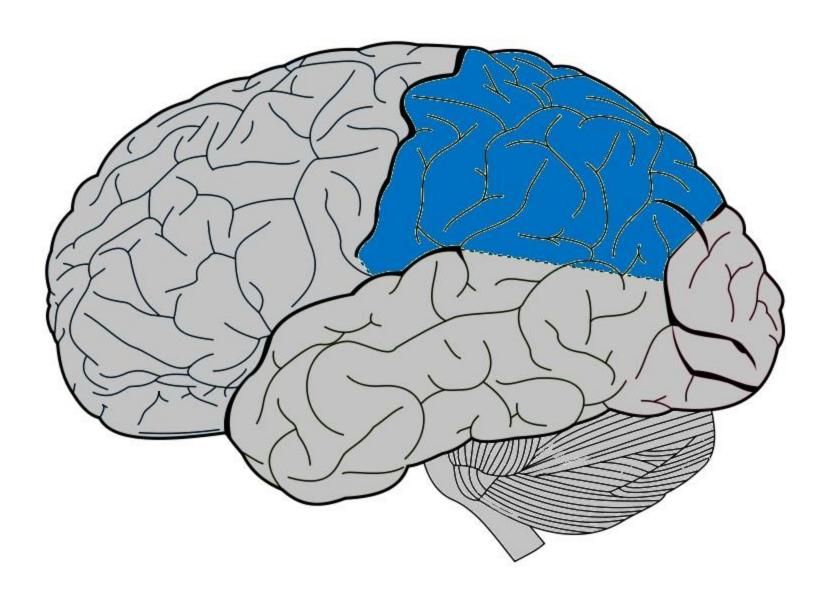
Frontal lobe---Judgment, problem solving, motivation



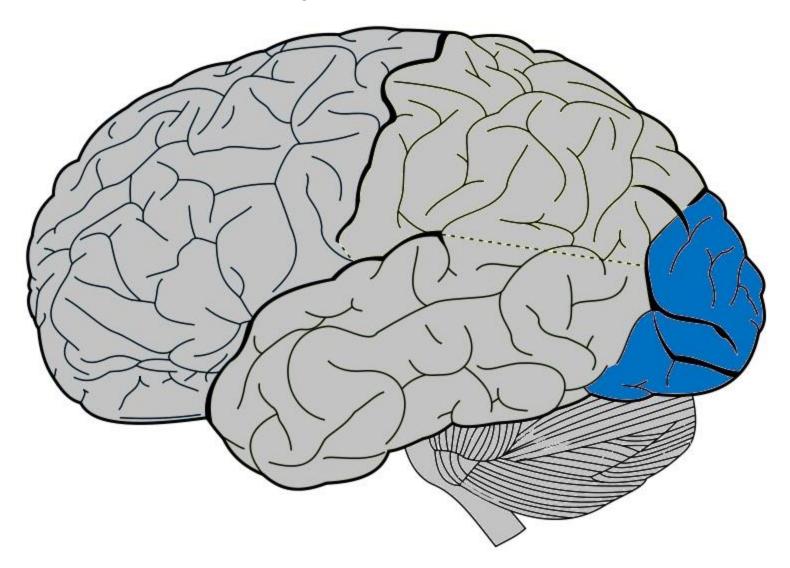
Pre-frontal cortex—planning, decision making etc.



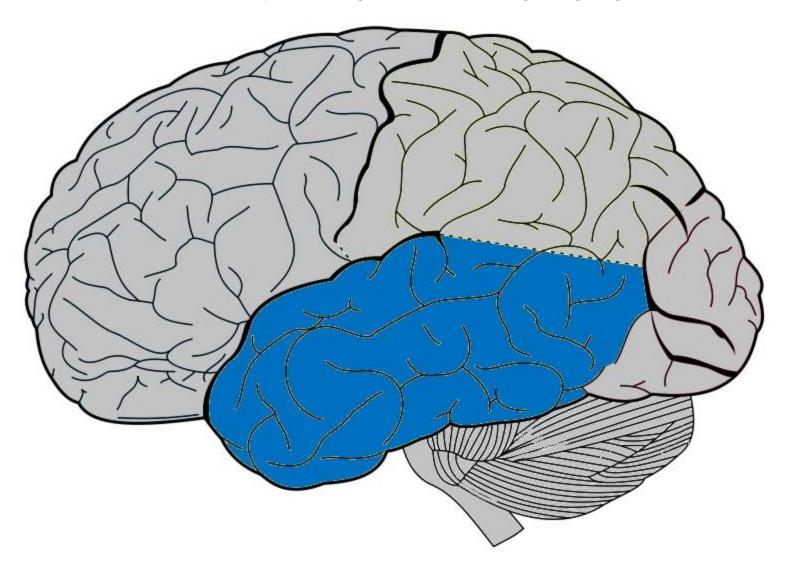
Parietal lobe---controls sensations such as touch, visual spatial perception



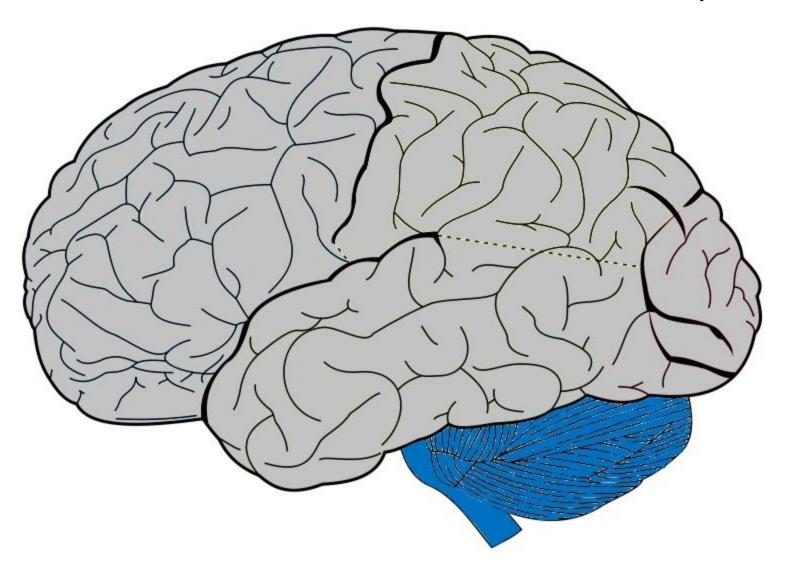
Occipital lobe---vision, recognize shapes etc.



Temporal lobe---memory, hearing, understanding language



Cerebellum and brain stem—balance, movement and basic bodily functions



Brain Injuries

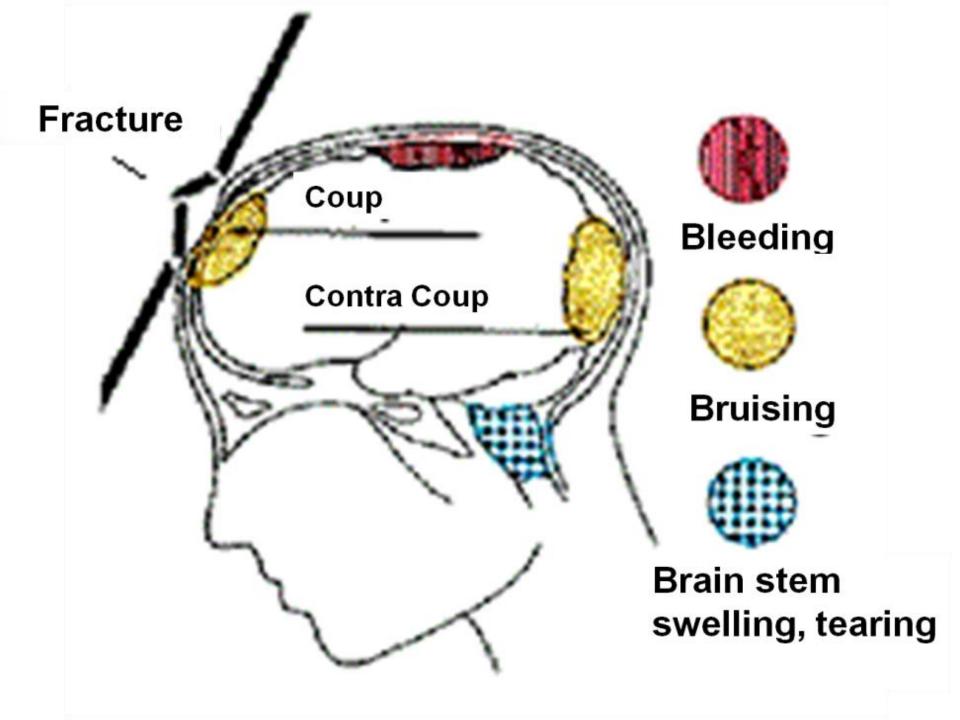
Penetrating Injury

Closed Injury

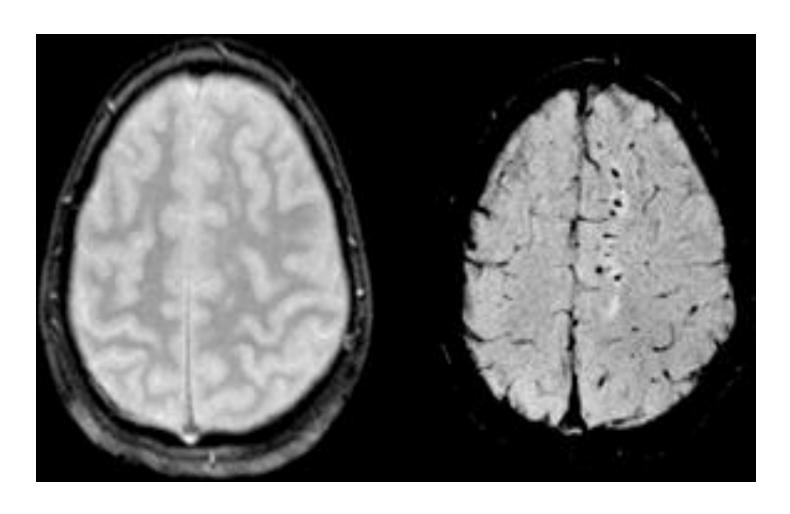
Focal Injury

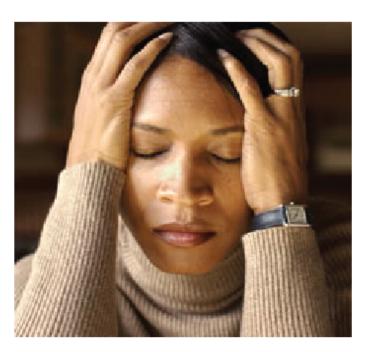
Diffuse Injury





Diffuse Axonal Injury





"Even a brain injury as minor as a concussion can have devastating long-term physical consequences, causing seizures, memory loss, learning disabilities and more."



Professional sports and the war are raising awareness of concussions and TBI





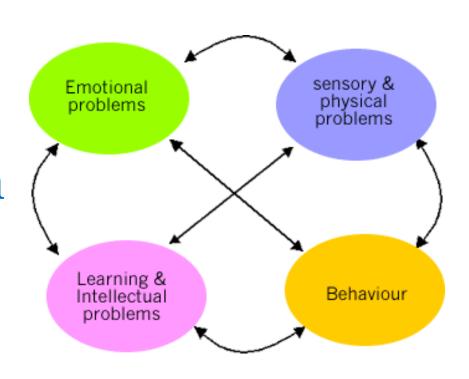
Multiple Brain Injuries

- A person with a TBI is 3 times more likely to sustain an additional TBI
- A person with more than one TBI is 8 times more likely to sustain additional TBIs



Possible Consequences of Brain Injury

- Physical
- Cognitive
- Communication
- Behavioral and Emotional



Symptoms you Could See

- Ability to respond to requests
- Fatigue, tires easily
- Aggression or property destruction
- Yelling and angry outbursts
- Decreased frustration tolerance
- Depression and emotional swings
- Impulsivity and hyperactivity
- Disinhibited sexual behavior

Physical Effects

Seizures

Headaches

Sleep Changes

Fatigue

Balance/Muscle Changes



Sensation Changes

Cognitive Changes

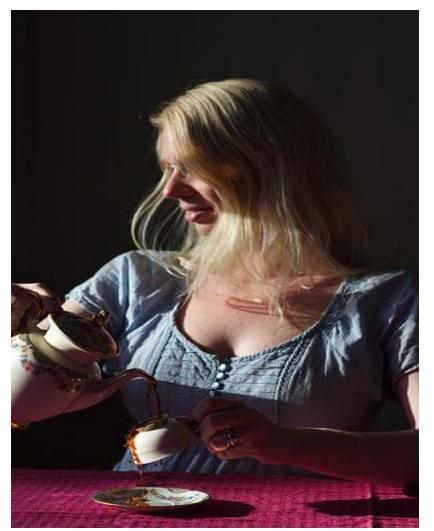
Memory Loss

Attention

Language

Insight

Executive Functioning



Social Interaction

Egocentricity

Communication Difficulties

Boundaries/ Personal Space



Behavioral Changes

Emotional responsiveness

Anger/Aggression

Mental health Changes

Personality Changes

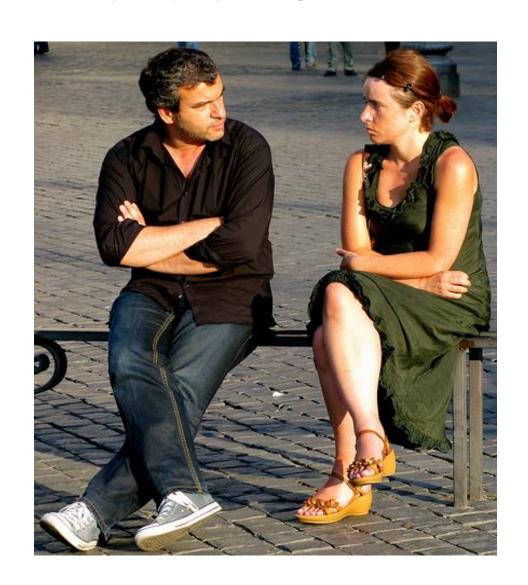


Social Interaction

Egocentricity

Boundaries/ Personal Space

Communication Difficulties



Social/Behavioral Consequences

- Increased anxiety or irritability
- Depression
- Egocentric behaviors
- Poor frustration control
- Immature social interactions
- Mood swings
- Impulsiveness or disinhibition



Communication Deficits

- Difficulty initiating conversation
- Difficulty finding words
- Difficulty taking part in a conversation
- Unaware of other's or own body language



Substance Use/Abuse

Lifestyle changes/
Depression

Poor Judgment/ Balance

Traumatic Brain Injury

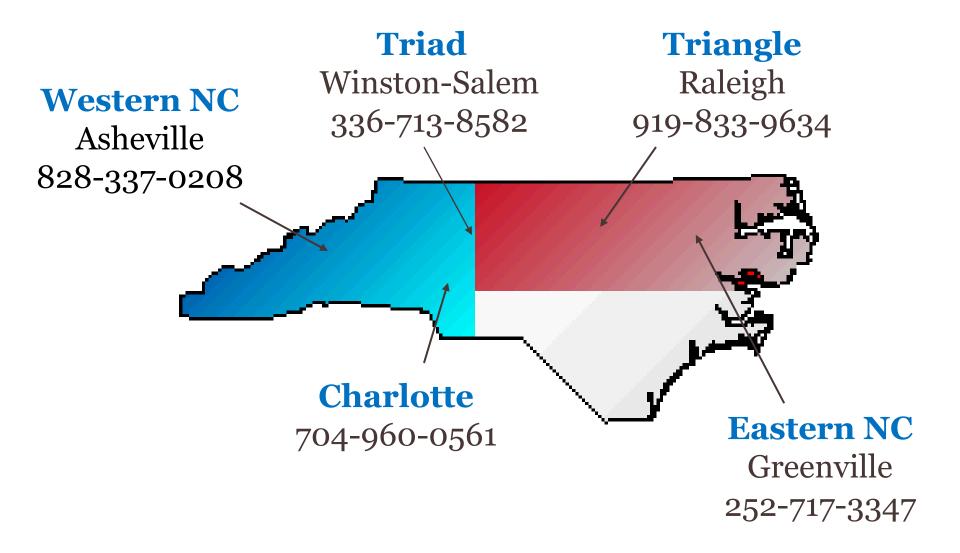
Treatment Considerations



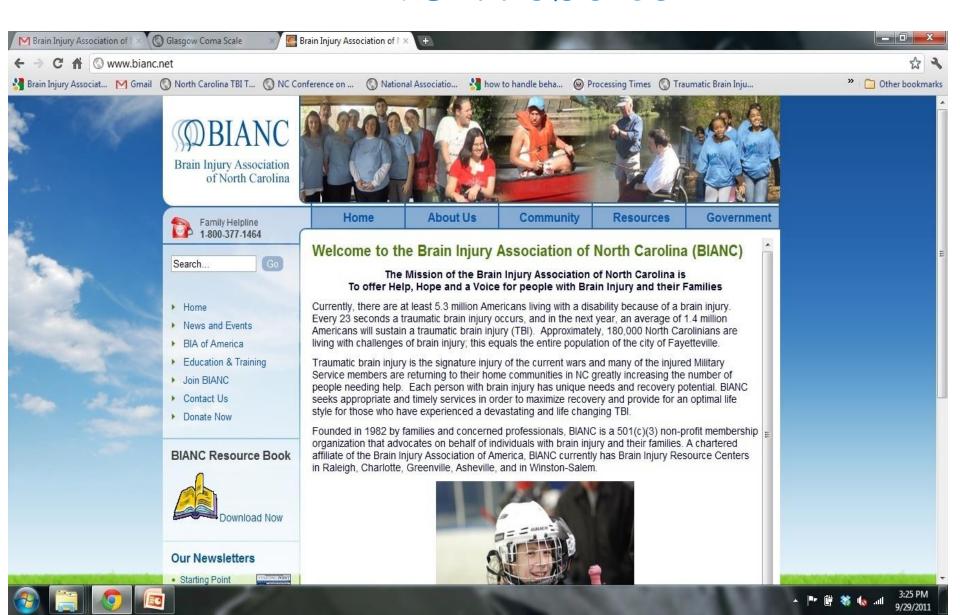
Don't Forget the Families

Brain Injury Affects the entire family. When a loved one experiences a brain injury there is a huge impact on families, friends, or communities

BIANC Resource Centers



BIANC Website



Support Groups

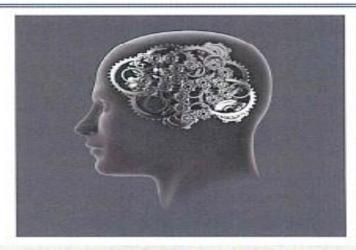


Recreational Outings



The Brain Injury Association Of North Carolina

OMBUDSMAN PROGRAM



Looking for Help? Contact an Ombudsman.

1-800-377-1464



Advocates for Traumatic Brain Injury Survivors and Their Families

BIANC Resource Calls

	July 13-	July 12-	July 11-	July 10-	July 09-	July 08-	July 07-	July 06-	
	June 14	June 13	June 12	June 11	June 10	June 09	June 08	June 07	TOTALS
Survivors	309	351	286	180	173	379	186	401	2265
Family	244	244	232	189	140	269	178	235	1731
Professional	304	479	341	234	176	428	174	209	2345
Total Calls	857	1074	859	603	489	1076	538	845	6341
Gen Info on BI	225	219	247	184	54	115	42	58	1144
Need Community Support	189	231	212	97	49	129	83	121	1111
Education & Training	113	161	120	91				51	536
Professional Tech Assist	114	325	151						590
Support Group Info	215	206	161	146		193	107	199	1227
Employment/IL	16	18	19				35	62	150
Need Residential	56	88	83	29	31	109	79	67	542
Counseling/Psych	138							57	195
Caregiver support		75					46	48	169
Recreation/social	111					153		85	349
Survivor Tech Asst.		165							165
Medical/OP referral					60				60
TOTALS	1177	1488	993	547	194	699	392	748	6238

- I. Paul's StoryNo discharge options from psychiatric hospital
- II. Josh's Story Devastated family, lost jobs and developed health issues
- III. Camille's Story
 Single mom caring for brain injured baby

Future Goals

Increasing Awareness

Increasing Support

Increasing Outreach

Specialized trainings

Legislative initiatives

Legislative Goals for 2014-2015

- 1. Completion of a draft for TBI Medicaid Waiver by February 1, 2015
- 2. Appropriation of new state funds to cover match for Waiver implementation
- 3. Establishment of TBI study commission to assist with development of a comprehensive system of care to meet the needs of people with brain injuries in North Carolina